

Scheduling status

Category D Medicine. Combination Western Herbal

Proprietary name (and dosage form)

NPL Redline Series

NIGHT TIME BURN

Capsules

Composition

Each dose (3 capsules) provides: %NRV

PM Fat Metabolising & Adrenal Support	300 mg
Ashwagandha root 15:1 extract	300 mg
PM Recovery & Sleep Support	820 mg
Passiflora incarnate powder	300 mg
L-Tryptophan	220 mg
Valerian powder	200 mg
L-Theanine	100 mg

* %Nutrient Reference Values (NRVs) for individuals 4 years and older (2010)
- Not established

PHARMACOLOGICAL CLASSIFICATION:

Category D Medicine. 32.3 – Slimming preparation

PHARMACOLOGICAL ACTION:

Ashwagandha contains withanolides which are believed to have “anti-stress” effects by possibly suppressing stress-induced increases of dopamine receptors in the brain.

Passionflower contains a number of alkaloids believed to have sedative properties.

Valerian contains valepotriate constituents which have sedative effects.

L-Tryptophan is an amino acid which is able to cross the blood-brain barrier where it has sedative effects.

Theanine is an amino acid with relaxing and anti-anxiety effects.

INDICATIONS:

Night Time Burn is indicated when a deficiency of the active ingredients exists.

CONTRAINDICATIONS:

If you suffer from any medical condition consult your healthcare practitioner before using this product. Product contains L-Phenylalanine. Not suitable for phenylketouronics.

SPECIAL PRECAUTIONS FOR USE:

Discontinue the use of this product where there is sensitivity towards any of the ingredients.

INTERACTION:

If you are taking chronic prescription medication, consult your health care practitioner before using this product. If you are using chronic medication for depression or anxiety consult your healthcare practitioner before using this product. Discontinue use of this product 2 weeks prior to any planned surgical procedure.

PREGNANCY AND LACTATION:

Pregnant and breastfeeding women should avoid using this product.

DOSAGE AND DIRECTIONS FOR USE:

Take 3 capsules 30 minutes before bed. Alternatively use as directed by your health and fitness adviser. Do not exceed the recommended dosage.

SO

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

Discontinue the use of this product where there is sensitivity towards any of the ingredients.

KNOWN SYMPTOMS OF OVERDOSE AND TREATMENT:

Use only as directed.

IDENTIFICATION:

White size 0 capsules with brown powder.

PRESENTATION:

Printer outer carton with white HDPE shrink sleeved bottle with 90 capsules.

STORAGE INSTRUCTIONS:

Store at or below 25° C. Protect from light and moisture. Keep out of reach of children.

REGISTRATION NUMBER/APPLICATION NUMBER:

This medicine has not been evaluated by the South African Health Products Regulatory Authority. This medicine is not intended to diagnose, treat, cure or prevent any disease.

NAME AND BUSINESS ADDRESS OF APPLICANT:

Nutritional Performance Labs
PO Box 2424, Northriding, Randburg, 2162
011 043 2525
info@npl.za.com
www.npl.za.com

DATE OF PUBLICATION OF THIS PACKAGE INSERT:

July 2019

DISCIPLINE OF THE MEDICINE

Combination Western Herbal

REFERENCES

American Journal of Health-System Pharmacy; 1999; 56: 125-38
Phytotherapeutics; 2001; 8: 922-6
Upton R; Ashwagandha Root (Withania somnifera); Analytical, quality control, and therapeutic monograph; Santa Cruz, CA; American Herbal Pharmacopoeia; 2001: 1-25